



# Because family life matters

Dear Friend,

Since we began, thirty-five years ago, we have always believed that families should have somewhere to turn to for support in the good times and when family life is challenging.

If you would be able to help our work with a donation, however big or small, it would be so appreciated. It'll help us to continue to come alongside all kinds of families for decades to come.

[I'd like to help!](#)

Our Founder and Chairman, Rob Parsons, recently shared his memories of leaving his legal practice to start a small charity in a tiny cupboard-like room above a hairdressers. And how, even all these years later, he was reminded of an important lesson about family life when he took his nine-year old granddaughter, Evie, to a big football

tournament in which her team were playing.



[Watch now](#)

As a thank you for your support, we'd love to send you a copy of our UK Director, Katharine Hill's brand-new book, *Born Free*. You may also enjoy our new edition of *What Every Kid Wished Their Parents Knew*, which Rob Parsons wrote with his son Lloyd.

If you would like these books for yourself or for someone you know, Rob and Katharine would love to sign and dedicate them. If either book is to be a gift for someone else, then make sure to let us know their name when donating.

Thank you once again.

The Care for the Family team

**As a charity, we support couples, parents, and those who have been bereaved. If you'd be able to make a one-off or monthly donation to support our work, we'd be very grateful. Thank you.**

[Give now](#)

A Christian initiative to strengthen family life, offering support to everyone.  
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Registered office: Tovey House, Cleppa Park, Newport, NP10 8BA.



